

Barbara Malarski - Acupuncture Treatments, Health and Wellbeing Programs

Education and Qualifications

Barbara is a passionate supporter of professional development, training and education. She is committed to a path of life long learning and promotes this with the students she teaches.

Barbara is a qualified teacher with, postgraduate qualifications in Education. In addition she has a long history of extensive study in the area of Oriental health medicine.

Oriental Health is a field that is highly specialized and holistic in its approach. It incorporates acupuncture, massage, herbal medicine, feng shui and food as a medicine. This approach focuses on a range of modalities when working with individuals in a process of working towards Health and wellness.

Barbara works towards inspiring her clients and students towards self-education to empower themselves to gain more vitality.

Formal Qualifications

Date	Qualification
2010	Currently studying Master of Acupuncture, University of Western Sydney
2009	Advanced Diploma in Acupuncture. Australian Institute of Applied Science.
2007	Diploma in Shiatsu and Oriental Health. Tropical North Institute of Tafe and Zendo Health, Cairns.
2000	Advanced Diploma In Oriental Medicine (Inner Feng Shui) (Australian institute of Applied Feng Shui)
2000	Certificate 1V in Small Business Management Training (Townsville Employment Training)
2000	Certificate 1V in Assessment and Workplace Training BSZ40198
1995	Graduate Diploma in Educational Studies (Aboriginal Studies) The University of New England
1977	Diploma in Teaching Wellington Teachers College New Zealand

Professional and Personal Development as Health Care Practitioner and Teacher

Date	Demonstrated Evidence
2007	<ul style="list-style-type: none"> • Diploma of Shiatsu and Oriental Health (Tropical North Institute of Tafe) (HLT50202) • Developed, designed and delivered One day Mentoring Program for staff at Tropical North Institute of Tafe. • Chi-Nei Tsung-4 day specialized training in Abdominal Massage (Tao Garden, Thailand Instructor) • Universal Taoist System Intensive-6 day training in development of Oriental Health practices for cultivation of Inner Health (Tao Garden, Thailand) • Eco-Psychology Training - One day seminar in sustainable Health practices • Geobiology- Australian College of Environmental Studies
2006	<ul style="list-style-type: none"> • Facial Rejuvenation with Acupuncture. Massage and Chinese Patent Herbs- (Certificated Course with Art of Health) • Australasian Spa Conference Cairns Convention Centre) • Tropical North Institute Professional Development Day • T.R.O.P.I.C.S Training (Two Days) Brisbane. Teaching and supporting teacher's reflective teaching practices. • Teacher, Traditional Chinese Medicine for Diploma in Shiatsu and Oriental Therapies, Zendo Oriental Health Centre
2005	<ul style="list-style-type: none"> • Inaugural Two Day National Massage Conference-Canberra • Managing Occupational and Health and Safety in the Workplace. (Tropical North Institute of Tafe) • Tropical North Institute of Tafe professional development day.
2005	<ul style="list-style-type: none"> • Level One Myofascial Release- (Myofascial Release Centre)
2005 2004	<ul style="list-style-type: none"> • The Insight Process-300 hour personal psychodynamic process • Senior First Aid (Statement of Attainment)
2003	<ul style="list-style-type: none"> • 7 Day Vipassana Meditation Retreat • Spirituality, Leadership and Management Network Ltd 5th Annual Conference " Ancient Wisdom Contemporary Times" Presented a paper and workshop on Feng Shui in Daily Life. • Metagenics Health Seminar • Behaviour Management Skill Training (Indigenous education and

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2001	<ul style="list-style-type: none"> • Traditional Japanese Medicine 2001 National Workshop • Series (Institute of Classical Oriental Medicine)
2002	<ul style="list-style-type: none"> • Traditional Japanese Medicine Training- 2001 National Workshop Series (Institute of Classical Oriental Medicine) • Herbal Medicine for Damp Conditions- (Green Medicine Company) • Vita Flex, Raindrop and Auricular Techniques (Young Living Essential Oils)
2000	<ul style="list-style-type: none"> • Traditional Thai Massage • Advanced Chinese Medicine Pathology • The Enneagram System
Prior to 2000	<ul style="list-style-type: none"> • Certificate of Ayurvedic Medicine- (Bhakti Australian Institute) • Japan study trip -two weeks clinical training with Master practitioners Edward Obaidey/Akedi Sensi • Zen Sweat - Personal Development at the (East West centre) • Practice of Yoga for 20 years • Shiatsu Training (East West Centre) • Kinesiology • Twelve Skills of Conflict Resolution (Conflict Resolution Network) • Dream Analysis for understanding the unconscious with Varuna Dargan.